

Official WCDF competition dance description 2011

Get On Down

Rob Fowler

Type : 32 Count, 4 Wall, Funky
Level : Novice
Music : "Now You Know" by Miss Eighty 6 (BPM 99)

WALK, WALK, KICK, BALL, STEP,
¼ TURN STEP SIDE, STEP SIDE, ROCK,
RECOVER, ¼ TURN

1 RF walk forward
2 LF walk forward
3 RF kick forward
& RF step next to LF
4 LF step forward
5 RF ¼ right step side right (3.00)
6 LF step side left
7 RF rock back
& LF recover
8 RF ¼ turn right step forward (6.00)

¼ TURN, ½ TURN STEP SIDE,
KICK CROSS TOUCH,
FULL MONTEREY TURN, ROCK,
RECOVER, CROSS, ROCK,
¼ TURN RECOVER, ¼ TURN STEP SIDE

9 LF ¼ turn right step next to RF
10 RF ½ turn right step side right (3.00)
11 LF kick across in front of right leg
& LF step next to RF
12 RF touch side right
13 LF full turn right step next to RF
& LF rock side left
14 RF recover
15 LF cross in front of RF
& RF step side right
16 LF ¼ turn left step in place
& RF ¼ turn left step side right (9.00)

TOGETHER SWEEP, CROSS,
STEP SIDE, CROSS BACK,
¼ TURN STEP, STEP, ½ TURN,
BRUSH, OUT, OUT, STEP CENTER

17 LF step next RF sweeping RF forward
18 RF cross over LF
19 LF step side left
& RF cross behind LF
20 LF ¼ turn left step forward
21 RF step forward
22 LF ½ turn left (12.00)
23 RF brush forward
& RF step side right
24 LF step side left
& RF step center

CROSS, STEP SIDE, SAILOR ¼ TURN,
HITCH, HIP BUMPS ¼ TURN,
COASTER STEP

25 LF cross over RF
26 RF step side right
27 LF cross behind RF
& RF step side right
28 LF ¼ turn left
step slightly forward (9.00)
& LF hitch right knee slightly
29 RF ¼ turn left step side right
bump hip right
& LF bump hip left
30 RF ¼ turn left bump hip right & back
(3.00)
31 LF step back
& RF step next to LF
32 LF step forward